

Cabbage Slaw (sides)

Ingredients

Serves: 8

1 bag of purple cabbage (or ½ head of cabbage, sliced)

4 carrots, shredded

2 limes, juiced

¼ c. apple cider vinegar

1 T. honey

1 tsp. Dijon mustard

1 tsp. sea salt

4 T. parsley, chopped

Instructions

In a medium bowl, toss all ingredients together until combined. Cover and refrigerate until ready to serve.



Avocado Lime Crema (dressings and sauces)

Ingredients

Serves: 12

2 ripe avocados

½ c. sour cream (Greek yogurt can also be used)

1 T. mayonnaise

½ tsp. salt

1 lime, juiced

Pinch of salt

Instructions

Blend all ingredients together in a blender.

Taste to adjust seasonings, then cover and refrigerate until ready to serve.

